

TEEN & INFANT MENTAL HEALTH

Some of our teen mothers suffer from mental health issues due to a history of abuse, depression, sexual assault, and/or PTSD. For that reason Hands of Mercy Everywhere has onsite counselors to help rally the teen's strengths. By doing so the teen will be emotionally present and available for the development of this new and profound attachment relationship with positive outcomes. Skilled and compassionate intervention is the best hope for setting a teen mom back on course and strengthening the foundation of the mother/child future development. Infant Mental Health professionals are available to meet with mother and baby. Some of the topics open for discussion are:

- Infant Development and Context
- The Psychology of Parenting
- Infant Development (Social and Emotional)
- Risk and Protective Factors
- Poverty and Infant & Toddler Development
- The Rational Context of Adolescent Motherhood
- Infants of Depressed Mothers
- Infant Toddler Mental Health Assessments
- Characterizing Early Childhood
- Attachment Disorders
- Challenges and Future Directions